



May/June 2021 Monthly Class Management



Week #	Date	Monday/Tuesday	Thursday/Friday	Curriculum	Special Events *see attached
1	May 3rd-8 th	PD-Basic Warm-up 1	PD-Combinations Warm-up 1	P	<ul style="list-style-type: none"> 5/8-11am Mother's Day Class
2	May 10 th -15 th	DST-1,2,3,4 Warm-up 2	DST-1,2,3,4 Warm-up 2	O/SD LT-Kicking	<ul style="list-style-type: none"> Sparring Class begins M-21 M. Test (Poomsae)
3	May 17 th -22 nd	PD- Counter Attack Warm-up 3	PD- Sparring Warm-up 3	P/T	<ul style="list-style-type: none"> M-21 4-hr BB Prep Class 3pm-7pm
4	May 24 th -29 th	Testing Preparation Warm-up 1	TESTING Special Classes Warm-up 5	T	<ul style="list-style-type: none"> 5/27-Belt Testing 5/31-Closed for Memorial Day
5	May 31 st – June 5 th	PD-Basic Warm-up 1	PD-Combination Warm-up 1	P	<ul style="list-style-type: none"> 6/1-6/4- High School graduations
6	June 7 th -12 th	DST- Basics Warm-up 2	DST-Speed Warm-up 2	O/SD LT-Kicking	<ul style="list-style-type: none"> Camp I-6/7-6/10 9am-12noon M-21 M. Test (One Step Sparring)
7	June 14 th -19 th	PD-Counter Attack Warm-up 3	PD-Sparring Warm-up 3	P/T	<ul style="list-style-type: none"> M-21 4-hr BB Prep Class 3pm-7pm
8	June 21 st -26 th	Testing Preparation Warm-up 1	TESTING Special Classes Warm-up 5	T	<ul style="list-style-type: none"> 6/24-Belt Testing USAT Grand Prix (24-27) No Classes 6/26