



September/October 2022 Monthly Class Management



Week #	Date	Monday/Tuesday	Thursday/Friday	Curriculum	Special Events
1	August 29 th - September 3 rd	PD-Basics (Foundations) Warm-up 1	PD-Combi (Foundations) Warm-up 1	P	3 rd - Black Belt Testing N-22@11am O-22 @1pm
2	September 5 th -10 th	PD-Counter attack (Footwork) Warm-up 3	PD-Sparring Warm-up 1	P	5 th - Holiday Closing
3	September 12 th – 17 th	DST- Basics Warm-up 2	DST- 1,2,3,4 Warm-up 2	OSS	17 th -Birthday Party 2pm-3:30pm
4	September 19 th -24 th	PD-Basics Warm-up 1	PD-Sparring Warm-up 1	OSS	24 th - Bring a Friend Day 10am & 12noon
5	September 26 th - October 1 st	Testing Preparation Warm-up 4	Testing 9/29 Color Belt Testing Testing 9/30 Black Belt Level Testing	T	29 th -Color Belt Testing 30 th Black Belt Level Testing
6	October 3 rd -8 th	PD-Basic (High) Warm-up 1	PD-Combinations (High) Warm-up 1	P	
7	October 10 th -15 th	DST- Speed Warm-up 2	DST-Big Shield Warm-up2	P	15 th -WC UNI inner school Tournament Forms & Board Breaking
8	October 17 th -22 nd	PD-Counterattack (Formula) Warm-up 3	PD-Sparring Warm-up 1	OSS	19 th (Wednesday) WC UNI inner school Sparring Tournament 21 st -Team P-23 1 st M. Test (Poomsae)
9	October 24 th -29 th	Testing Preparation Warm-up 4	Testing-10/27 Color Belts Special Classes	T	27 th - Belt Testing

- BACK TO SCHOOL! Remember that as everyone is going back to school, they are getting ready for new routines, new schedules, etc. Emotions will be running high. Take care to take time and help students and parents adjust.
- Black Belt Team P-23 will have September and October cut- off dates. Start to prepare these students for the exciting challenges ahead.